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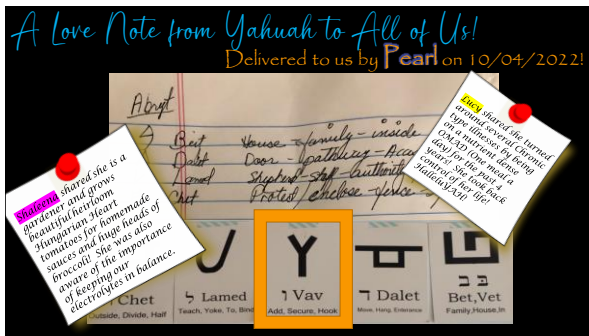
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Psa 87:5 And of Tsiyon it is said, "Each one was born in her; For the Most High Himself does establish her."

Psa 87:6 הַנִּין' does write, In the register of the peoples, "This one was born there." Selah.

Illuminated by His Esteem! ~ Cross Reference Scriptures to Psalms 87:5 & 6

Isa 60:1 "Arise, shine, for your light has come! And the esteem of nîn' has risen upon you.

Isa 60:2 "For look, darkness covers the earth, and thick darkness the peoples. But nîn' arises over you, and His esteem is seen upon you.

Isa 60:3 "And the nations shall come to your light,\* and sovereigns to the brightness of your rising. Footnote: \* Isa 60:19-20, Rev 21:23-24.

Rev 21:23 And the city had no need of the sun, nor of the moon, to shine in it, for the esteem of Elohim lightened it, and the Lamb is its lamp.

Rev 21:24 And the nations, of those who are saved, shall walk in its light,\* and the sovereigns of the earth bring their esteem into it. Footnote: \*See Isa 60:3.

Php 4:3 And I also ask you, true companion, help these women who laboured with me in the Good News, with Cleome also, and the rest of my fellow workers, whose names are in the Book of Life.

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# “MESSAGE OF THE MANNA”

## PART 2: PRIESTS

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THE MYSTERY IS THE MELCHIZEDEK, YAHUSHA, WHO HOLDS THE AUTHORITY TO UNLOCK AND GIVE SOME OF THE HIDDEN MANNA TO OVERCOMERS! (REV. 2:17)

The 'Hidden Manna' is for those that overcome! Not all see, and therefore cannot partake of the 'bread of life' or drink from the 'fountain of living water'.

Joh 6:47 "Truly, truly, I say to you, he who believes in Me possesses everlasting life.

Joh 6:48 "I am the bread of life.

Joh 6:49 "Your fathers ate the manna in the wilderness and they died.

Joh 6:50 "This is the bread which comes down out of the heaven, so that anyone might eat of it, and not die.

Joh 6:51 "I am the living bread which came down out of the heaven. If anyone eats of this bread, he shall live forever. And indeed, the bread that I shall give is My flesh, which I shall give for the life of the world."

Yahusha is the 'Bread of Life'. The manna in the wilderness was a type and shadow of the 'Hidden Manna', the 'Bread of Life' to come. Yahusha is the head of the One New Man!

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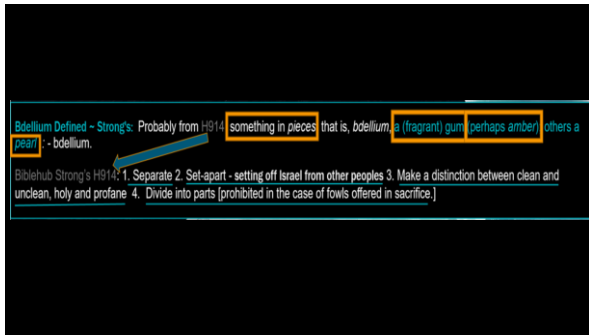
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### AS HIS KINGDOM OF PRIESTS, WE MUST FIRST TAME THE FLESHLY ENEMY WITHIN US

Eze 16:49 Behold this was the iniquity of thy sister Sodom, pride, fulness of bread, and abundance of idleness was in her and in her daughters, neither did she strengthen the hand of the poor and needy.

Php 3:17 Become joint imitators of me, brothers, and look at those who so walk, as you have us for a pattern.

Php 3:18 For many – of whom I have often told you, and now say to you even weeping – walk as enemies of the stake of Messiah.

Php 3:19 Their end is destruction, their god is their stomach, and their glory is in their shame – they mind the earthly.

Php 3:20 For our citizenship is in the heavens, from which we also eagerly wait for the Saviour, the Master יהושע Messiah.

Php 3:21 who shall change our lowly body, to be conformed to His esteemed body, according to the working by which He is able even to bring all under His control.

Pro 25:1 When you sit down to eat with a ruler, look well what is before you.

Pro 25:2 And put a lock to your throat if you are a man given to appetite.

Pro 25:3 Do not desire his delicacies, For that food is deceptive.

Pro 28:7 He who watches over the Torah is a discerning son, But a companion of gluttons shames his father.

Rom 13:12 The night is far advanced, the day has come near. So let us put off the works of darkness, and let us put on the armour of light.

Rom 13:13 Let us walk becomingly, as in the day, not in wild parties and drunkenness, not in living together and indecencies, not in fighting and envy.

Rom 13:14 but put on the Master יהושע Messiah, and make no provision for the lusts of the flesh.

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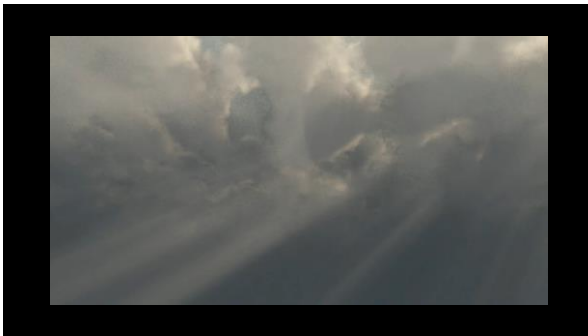
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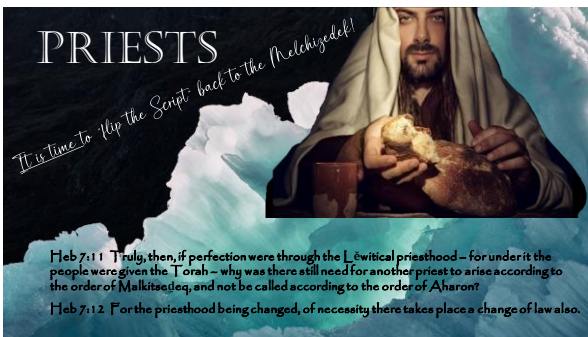
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## JOSEPH'S BONES

**Exo 12:37** And the children of Yisra'el set out from Ra'meses to Sukkoth, about six hundred thousand men on foot, besides the little ones.

**Exo 13:19** And Mosheh took the bones of Yoseph with him, for he certainly made the children of Yisra'el swear, saying, "E'lohim shall certainly visit you, and you shall bring my bones from here with you."

**Exo 13:20** And they departed from Sukkoth and camped in E'lam at the edge of the wilderness.

**Jos 24:32** And the bones of Yoseph, which the children of Yisra'el had brought up out of Mitsrayim, they buried at Shekem (means Shoulder), in the plot of ground which Ya'aqob had bought from the sons of Hamor the father of Shekem for one hundred qesitah, and which had become an inheritance of the children of Yoseph. Footnote: "A monetary unit of uncertain value, perhaps in the form of a lamb."

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## HEAP OF DRY BONES



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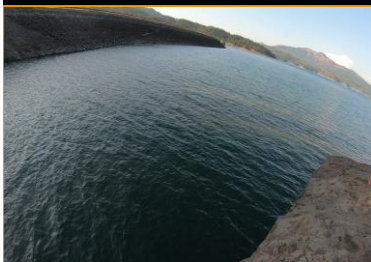
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## NOW WE ARE **IMMERSED** WITH HIM IN LIVING WATER

**Eph 5:26** in order to set it apart and cleanse it with the washing of water by the Word, Footnote: <sup>1</sup> Rev. 19:8-9.



**Rev 19:7** "Let us be glad and rejoice and give Him praise, for the marriage of the Lamb has come, and His wife prepared herself."  
**Rev 19:8** And to her it was given to be dressed in fine linen, clean and bright, for the fine linen is the righteousnesses of the set-apart ones.  
**Rev 19:9** And he said to me, "Write, 'Blessed are those who have been called to the marriage supper of the Lamb!'"  
And he said to me, "These are the true words of E'lohim."

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AS HIS KINGDOM OF PRIESTS, HE IS SHAPING US AND MOLDING US INTO **THE ONE NEW MAN** THRU HIS SHABBATS & FEASTS



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#### PAUL'S CLOSING WORDS TO HIS BELOVED TITUS



Ti 3:1 Remind them to be subject to rulers and authorities, to obey, to be ready for every good work.  
 Ti 3:2 not to slander anyone, not to be quarrelsome, to be gentle, showing all meekness to all men.  
 Ti 3:3 For we ourselves were also once foolish, disobedient, led astray, serving various lusts and pleasures, living in evil and envy, being hated and hating one another.  
 Ti 3:4 But when the kindness and the love of Our Saviour toward men appeared,  
 Ti 3:5 He saved us, not by works of righteousness which we have done but according to His compassion, through the washing of rebirth, and renewal by the Outpoured Spirit.  
 Ti 3:6 which He poured out on us richly through our Messiah our Saviour,  
 Ti 3:7 that having been declared right by His favour we should become heirs according to the expectation of everlasting life.  
 Ti 3:8 Trustworthy is the word, and in this regard I wish you to strongly affirm that those who have believed in Christ should keep their minds on maintaining good works. This is good and profitable to men.  
 Ti 3:9 But keep away from foolish questions, and genealogies, and strife and quarrels about the Law, for they are unprofitable and useless.  
 Ti 3:10 Reject a divisive man, after the first and second warning.  
 Ti 3:11 knowing that such a one has been perverted, and sine, being self-condemned.

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#### FISHERS OF MEN...

Jer 16:16 "See, I am sending for many fishermen," declares the Lord, "and they shall fish them. And after that I shall send for many hunters, and they shall hunt them from every mountain and every hill, and out of the holes of the rocks."



- We must be physically and spiritually disciplined.
- We must 'detox' physically and spiritually.
- We must be tuned in to His Kuach [LaKodesh] to be ready to act when given divine appointments.
- We must step out in faith and practice what we preach and set the example for others.
- We must not be religious repellants but attract those hungering and thirsting for righteousness.

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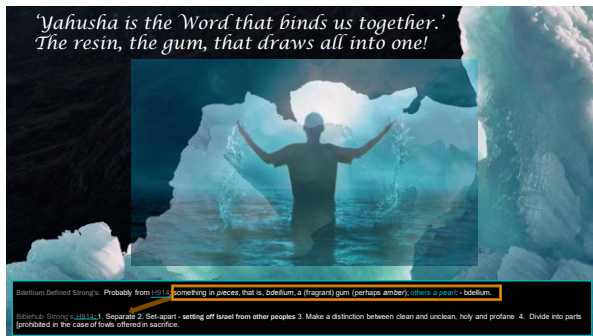
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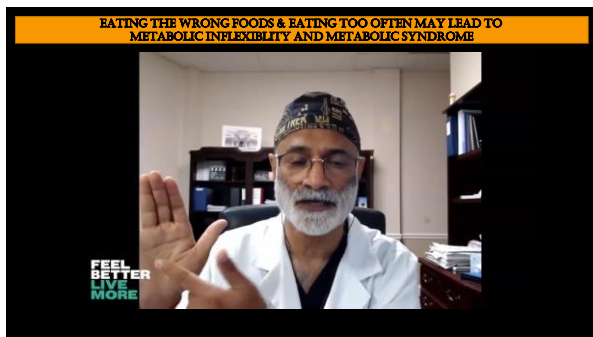
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**How We Carry and How We Carry His Ark Within Us Matters**  
**The Ark Brought to Jerusalem**

2Sa 6:1 Now David again gathered all the chosen men of Israel thirty thousand.  
2Sa 6:2 And David rose up and went with all the people who were with him from B's'alt Yehudah, to bring up from there the ark of E'lohim, that is called by the Name, the Name n'ry of J'haza, who dwells between the kerubim.  
2Sa 6:3 And they placed the ark of E'lohim on a new wagon, and brought it from the house of Abinadab, which was on the hill. And Uzzah and Ahio, sons of Abinadab, were leading the new wagon. (Subjective interpretation on how to carry the ark led to chaos)  
2Sa 6:4 And they brought it from the house of Abinadab, which was on the hill, with the ark of E'lohim. And Ahio was walking before the ark.  
**Uzzah and the Ark**  
2Sa 6:5 And David and all the house of Yisra'el were dancing before n'ry, with all instruments of fir wood, and with lyres, and with harps, and with tambourines, and with sistrams, and with cymbals.  
2Sa 6:6 And when they came to the threshing floor of Nafon, Uzzah reached out toward the ark of E'lohim and took hold of it, for the oxen stumbled.  
2Sa 6:7 And the wrath of n'ry burned against Uzzah, and E'lohim struck him there for the fault. And he died there by the ark of E'lohim.  
2Sa 6:8 And David was displeased because n'ry had broken out against Uzzah. And he called the name of the place P'ereza (Uzzah, until this day).  
2Sa 6:9 And David was afraid of n'ry on that day, and said, "How shall the ark of n'ry come to n'ry?"  
2Sa 6:10 And David would not move the ark of n'ry with him into the City of David, but David turned it aside to the house of Ob'ed-Edom the Gittite.  
2Sa 6:11 And the ark of n'ry remained in the house of Ob'ed-Edom the Gittite three new moons, and n'ry blessed Ob'ed-Edom and all his house.  
2Sa 6:12 And it was reported to Sovereign David, saying, "n'ry has blessed the house of Ob'ed-Edom and all that he has, because of the ark of E'lohim." David then went and brought up the ark of E'lohim from the house of Ob'ed-Edom to the City of David with rejoicing.  
2Sa 6:13 And it came to be, when those bearing the ark of n'ry had gone six steps, that he dispatched bulls and fattened sheep.  
2Sa 6:14 And David danced before n'ry with all his might. **And David was wearing a linen under garment.**  
2Sa 6:15 Thus David and all the house of Yisra'el brought up the ark of n'ry with shouting and with a voice of a shophar.

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**Medical Views Validating YAHUAH'S BIBLICAL TRUTHS**

**Meedim Gatherings**

(Co 1:12) "Whether you come together in one place, or not to eat the Master's supper."  
(Co 1:21) "For when you eat, each one takes his own supper. First, and one is hungry and another drunk."  
(Co 1:22) "But you eat, houses to eat and drink in? Or do you despise the assembly of E'lohim and those who love him not? What shall men say to you? Shall I praise you in this? do not praise!"

**FEEL BETTER**

**His Kingdom of Priests should set the example!**

**A Chosen People...**

Deu 7:14 "Blessed are you above all peoples - there is not going to be a barren man or a barren woman among you or among your livestock."  
Deu 7:15 "And n'ry shall turn away from you all sickness and put on you none of the evil diseases of Mitzrayim, which you have known, but I'll put them on all those who hate you."

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**40 Days & 40 Nights**

**Yahusha Fasted 40 Days & 40 Nights**

**Luk 4:1** And יֵשׁוּעַ, being filled with the Set-apart Spirit, returned from the Yarden and was led by the Spirit into the wilderness.  
**Luk 4:2** being tried for forty days by the devil, And in those days I'll did not eat at all, and afterward, when they had ended, I'll was hungry.  
**Mat 4:1** Then יֵשׁוּעַ was led up by the Spirit into the wilderness to be tried by the devil.  
**Mat 4:2** And after having fasted forty days and forty nights, I'll was hungry.  
**Mat 4:3** Then יֵשׁוּעַ was led up by the Spirit into the wilderness to be tried by the devil.  
**Mat 4:5** And the trier came and said to I'll, "If You are the Son of E'lohim, command that these stones become bread."

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40 Days &amp; 40 Nights

## Moses 40 Days &amp; 40 Nights



Exo 24:17 And the appearance of the esteem of **ADONAI** was like a consuming fire on the top of the mountain, before the eyes of the children of Yisroel.

Exo 24:18 And Mosheh went into the midst of the cloud and went up into the mountain. And it came to be that Mosheh was on the mountain forty days and forty nights.

Exo 34:28 And he was there with **ADONAI** forty days and forty nights. He did not eat bread and he did not drink water. And He wrote on the tablets the Words of the covenant, the Ten Words.

Deu 9:17 And I took the two tablets and threw them out of my two hands and broke them before your eyes.

Deu 9:18 And I fell down before **ADONAI** as at the first, forty days and forty nights. I did not eat bread and I did not drink water, because of all your sins which you committed in doing evil in the eyes of **ADONAI**, to provoke Him.

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40 Days &amp; 40 Nights

## Elijah Fled from Jezebel



1Ki 19:5 And he lay and slept under a broom tree, and see, a messenger touched him, and said to him, "Rise, eat."

1Ki 19:6 And he looked and saw by his head a cake baked on coals, and a jar of water. So he ate and drank, and turned and lay down.

1Ki 19:7 And the messenger of **ADONAI** came back the second time, and touched him, and said, "Rise, eat, for the journey is too much for you."

1Ki 19:8 And he rose up and ate and drank, and went in the strength of that food forty days and forty nights as far as Horeb, the mountain of Elohim.

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Feast of Tabernacles

## Mount of Transfiguration



Mat 17:1 And after six days **YEHOSHUA** took Kefa, and Ya'aqob, and Yohanan his brother, and brought them up on a high mountain by themselves.

Mat 17:2 and He was transformed before them, and His face shone like the sun, and His garments became as white as the light.

Mat 17:3 And see, Mosheh and Elyahu appeared to them, talking with Him.

Mat 17:4 And Kefa answering, said to **YEHOSHUA**, "Master, it is good for us to be here. If You wish, let us make here three booths, one for You, one for Mosheh, and one for Elyahu." Footnote: "See footnote [Mar 9:4](#).

*Fasting & Prayer brings us spiritually & positionally closer to Yahuah!*

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## BROAD TERM FOR FASTING...



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## FEED MY LAMBS; SHEPHERD MY SHEEP; FEED MY SHEEP

Yes, we should *give this a go!* My Family has decided to! We started in June and have seen great results. So not only did we end up doing the OMAD (One Meal A Day) we put our 3 dogs on OMAD.

Our goals were to lose weight, increase our energy. Bruce was able to come off his blood pressure medicine he had taken for years, we wanted to actually be successful at fasting and prayer; we wanted a stronger connection with Yahusha and now we are well on our way in obedience to the Message of the Messiah.

The topic of the 'Message of the Messiah' was Yahusha's idea. He gave me the title before He gave me the message. By faith I went for it and He was faithful and provided a daily portion of hidden manna. In other words, He fed me. Just as He has instructed us to feed His lambs, shepherd His sheep, feed His sheep.

Feeding His flock in the natural and supernatural is a highly important responsibility and it is a tough assignment because the last thing this world wants is for His sheep to flourish! Just know this...

**Mal 3:10** "Bring all the tithes into the storehouse and let them be food in My house. And please prove Me in this," said my of hosts, "whether I do not open for you the windows of the heavens and shall pour out for you boundless blessing." **Mal 3:11** "And I shall rebuke the devourer for you, so that it does not destroy the fruit of your ground, nor does the vine fail to bear fruit for you in the field," said my of hosts.

*We can do it!*

*[Psa 4:13] I have strength to do all through Messiah who empowers me.*

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*Shalom..*

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